Use of and access to parks promotes health:

- Physical activity
- Understanding
- Reduced stress
- Reduced obesity
- Reduced ADHD
- Reduced heart disease & diabetes
- Improved mental health
- Improved well-being
- Improved behavior
- Improved school performance

Local parks & green space benefit neighborhoods:

- Sense of peace & tranquility
- Reduced noise
- Reduced air pollution
- Increased community connectivity
- Increased livability

PARK ACCESS

Health Inequities:

- 2.9
- 5
- 6.3
- 95.7

Parks per 1,000 children in Los Angeles County:

- Black
- Latino
- Asian
- White

Too Far Away:

- 2 in 3 kids in Los Angeles County do not live within walking distance (1/4 mile) of a park

PARK LOCATIONS

Too Close to Traffic:

- 6.3%
- 15.2%
- 13.5%

- <25 feet
- 25-200 feet
- 100-1800 feet

Higher levels of air pollution are found in parks within 1000 feet (300 meters) of a busy road or freeway. Health studies show that pollutants contribute to many health effects including asthma, breathing and lung problems.

THE FUTURE

Plan:

- Parks improve public health
- Parks can be healthy, safe, inviting places for kids and families

Engage:

- Community members, families, & neighborhoods can make a difference

Infographic by Wendy Dutschke, wendy@dutschke.com